<table>
<thead>
<tr>
<th>SIGN/SYMPTOM</th>
<th>DESCRIPTION</th>
<th>CALL 911</th>
</tr>
</thead>
</table>
| **Pain or discomfort** | Headache (severe)  
Chest pain  
Bone/joint/hip pain  
Upper left, abdominal pain (spleen)  
Priapism (sustained, unwanted erection) | ✓        |
| **Paleness**      | Noticeable change in the color of the skin, lips, fingernails               |          |
| **Fever**         | 101 degrees or higher (indicates a medical emergency)                      | ✓        |
| **Weakness or fatigue** | Weakness on either side of body *(may be due to stroke)*  
Inability to speak *(may be due to stroke)*  
Difficulty with memory *(may be due to stroke)*  
Sudden or constant dizziness *(may be due to stroke)*  
Blurred vision  
Vomiting | ✓        |
| **Changes in Breathing** | Difficulty breathing  
Fast rate of breathing  
Harsh noisy breathing | ✓        |
| **Swelling**      | Hands  
Feet  
*NEVER APPLY ICE* Joint (with redness) |          |

✓ parents should be contacted immediately and 911 may need to be notified

MTS SICKLE CELL FOUNDATION, INC.
SOURCE: Centers for Disease Control and Prevention | bit.ly/2pP0kIX